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December 1, 2020

Dear Colleagues:

I am pleased to be able to offer <u>a FREE course eligible</u> for some <u>FREE AAFP</u> credits if you just take it and evaluate it. Happy Holidays from the Colorado Cross-Disability Coalition and Next50 Initiative. You can publish the article below written by <u>Angela Nevin</u>, our training director in any publication.

Improving Care for People with Disabilities: A New Free Online Disability Cultural Competency Training

There are two modules in this <u>self-paced online course</u>: One is "Disability is not a Tragedy" and the second is "Tools for Independence".

When someone with a disability enters your office, how do you respond? Do you view older adults with functional limitations as people with disabilities?

Much of what we know about working with people with disabilities we learn through experience - sometimes painfully for you and your patient. Instead, you have an opportunity to learn about disability issues from people with disabilities. This educational opportunity will enhance your relationships and improve the clinical outcomes for those in your care.

People with disabilities are as diverse as every other group. The United States Census Bureau shows 12.6% of people in the United States have a disability. As we age, that percentage increases dramatically. For people aged 65 to 74, 24.4% will have some type of disability, and over 75, it spikes to 47.5%. In practical terms, one out of four people over the age of 65 will have some disability that will need your attention.

Disability training and educational courses are few and far between. <u>CCDC</u> and <u>NextFifty Initiative</u> are pleased to announce this unique opportunity for physicians, therapists, and others in the medical profession to earn free 1.5 hours of AAFP prescribed CME credit by participating in a new educational program - <u>Disability Cultural Competency Training</u>. Through this course, you will discover new ways of thinking about disability and your role as a physician. You will learn how to connect with your patients with disabilities and gain concrete ideas for making real and lasting change in your daily practice.

<u>Click here to register</u> for the CCDC Disability Cultural Competency Training course and learn more about this opportunity. The offer for free credits for physicians is valid only until 02/05/2021, so don't wait. This course can also count as training required of all Social Workers in Colorado as well. It may be useful for other continuing education requirements.

Please let us know if you have any immediate questions or concerns: email Angela Nevin, Director of Training, at <u>anevin@ccdconline.org</u> for assistance. Please share with all providers that work with older adults that want to increase cultural competency.

Sincerely

Julie Reiskin, Executive Director